Reach Out

If you would like to talk about your wellbeing, or are concerned about a crew member, The Mission to Seafarers is here for you.

Internationally:

**Online:** Chat to a Chaplain – 24/7 support service.

**Email:** Crewhelp@mtsmail.org
**Telephone:** +44(0)20 7248 5202
**Visit:** We operate 121 Flying Angel centres around the world and visit 70,000 ships a year. Visit [www.missiontoseafarers.org/our-ports](http://www.missiontoseafarers.org/our-ports) to find your nearest centre.

Share your feelings: [happyatsea.org](http://happyatsea.org)

--- CHAT TO A CHAPLAIN

In the Philippines:

**Our team in the Philippines operate a walk-in welfare service offering legal, medical and spiritual support through a professional referral network. We coordinate a national family support network offering community services which bring seafarers, their families, and the community together.**

**Online:** [www.facebook.com/mtsphfn](http://www.facebook.com/mtsphfn)
**Email:** infomanila@mtsmail.org
**Telephone:** +63 22405982
**Visit:** Upper Ground Crystal IEAC Building 1381 San Marcelino Street Ermita Manila Philippines 1000.

**WeCare Enrolment:**
Classroom and online courses are available. Request your crewing manager to contact us.

--- HAPPY AT SEA

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