## **Reach Out**

If you would like to talk about your wellbeing, or are concerned about a crew member, The Mission to Seafarers is here for you.

## Internationally:

Online: Chat to a Chaplain – 24/7 support service.





CHAT TO A CHAPLAIN

Email: Crewhelp@mtsmail.org Telephone: +44(0)20 7248 5202 Visit: We operate 121 Flying Angel centres around the world and visit 70,000 ships a year. Visit www. missiontoseafarers.org/our-ports to find your nearest centre.

Share your feelings: happyatsea.org



HAPPY AT SEA

## In the Philippines:

Our team in the Philippines operate a walk-in welfare service offering legal, medical and spiritual support through a professional referral network. We coordinate a national family support network offering community services which bring seafarers, their families, and the community together.

Online: www.facebook.com/mtsphfn Email: infomanila@mtsmail.org Telephone: +63 22405982 Visit: Upper **Ground Crystal IEAC Building 1381** San Marcelino Street Ermita Manila Philippines 1000.

## **WeCare Enrolment:**

Classroom and online courses are available. Request your crewing manager to contact us.









The Mission to Seafarers

