

Global Champions UNITE!

Support seafarers on the front line to keep our supply lines open and our supermarkets and pharmacies stocked.

We all depend on seafarers for 90% of the goods and fuels we use. Global Champions Unite is a fun, dynamic and creative way to get motivated with your fitness & wellbeing whilst caring for our communities at sea.

Funds raised will support our new on-line chaplaincy welfare service and our further responses to the Covid-19 crisis.

- Unite, inspire and connect all of us during this international pandemic.
- Create your own goal, choose your challenge and take part in your own time.
- Be a Home Hero and create your challenge at home or in your garden.
- Practise social distancing and pick an area close to you to responsibly take on a challenge.
- You have 90 days to raise your target whether as a one-time event or several, it's your choice.
- As an individual or team share your journey, stories and triumphs on social media #globalchampionsunite.



Unite | Inspire | Connect



**Help raise £60k
in 90 days**

Use JustGiving or another platform to fundraise for MtS and support seafarers to keep our global economy afloat.



To register please visit missiontoseafarers.org/events.
For further information contact Krishna@missiontoseafarers.org or call +44 (0)20 7246 2948.

Choose your challenge

Flying Angels Marathon

Run, ride or walk as much as you can within 90 days. You can challenge yourself to 100km, 300km, even 600km or simply take on the distance that suits you – all abilities welcome!

Get sponsored to do it and record your progress on your preferred fitness app or chart your distance on google maps and post online.

Home Heroes

Create your own challenge at home or in your garden whether that is 1000 press ups in a day, 90 days of ultrahigh intensity workouts, a yoga-thon ...the possibilities are endless.

Wet and Wild

Take part in an individual water based challenge for MtS, capture the moment on your phone and post on the social media platform of your choice and **#globalchampionsunite**.

Anyone who raises £1K and above will receive an MtS Global Champions Unite Award.

Covid-19 Guidelines

- We will support you to make your challenge safe during Covid-19.
- Your chosen challenge must adhere to the Covid-19 government regulations in the country where your challenge is taking place. Please check and if in doubt contact a member of the MtS events team for support.

Create your team

1. Choose your challenge
2. Customise your challenge to your team
3. Email Krishna at Krishna@missiontoseafarers.org to register your interest and receive your fundraising pack.
4. Start a Just Giving Page or other fundraising service
5. Choose your social media platform and keep the world updated on your progress.
6. Start Posting!

Purpose

- Encourage Global Unity
- Promote Health and Wellbeing
- Support an International Charity in an International Crisis

Connect with us

- Post your triumphs on social media
- **#globalchampionsunite**

Tag MtS at



@FlyingAngelNews



The Mission to Seafarers